



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main Dish	All Day Breakfast	Cottage Pie	Roast Chicken with Stuffing and Gravy	Pizza with Wedges	Fish and Chips
Vegetarian Main Dish	Tomato Pasta with Garlic Bread	Cheese and Onion Quiche with New Potatoes	Roast Quorn with Gravy	Vegetable Tikka Massala with Rice	Quorn Nuggets and Chips
Accompaniments	Seasonal vegetables Salad bar and sliced Baguettes	Seasonal vegetables Salad bar and sliced Baguettes	Seasonal vegetables Salad bar and sliced Baguettes	Seasonal vegetables Salad bar and Sliced Baguettes	Seasonal vegetables Salad bar and sliced Baguettes
Desserts	Bananas and Custard	Chocolate orange Brownie	Flapjack	Jelly and Fruit	Arctic Roll
Fresh Fruit & Yoghurt	Fresh fruit and Yoghurt Selection	Fresh fruit and Yoghurt Selection	Fresh fruit and Yoghurt Selection	Fresh fruit and Yoghurt Selection	Fresh fruit and Yoghurt Selection
Jacket Potato & Sandwich selection	Jacket potatoes Cheese Sandwiches	Jacket potatoes Ham Sandwiches	Jacket potatoes Turkey Wraps	Jacket potatoes Egg and Cress or Cheese Sandwiches	Jacket potatoes Tuna Sandwiches



MENU



Quench your thirst with free fresh drinking water available daily



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION